



## Respirator Questionnaire

### Can you read?

#### **Part A Section 1 (Mandatory)**

Your Name \_\_\_\_\_ Today's Date \_\_\_\_\_

Age \_\_\_\_\_ Sex:  Male  Female Height \_\_\_\_\_ Weight \_\_\_\_\_

Phone (\_\_\_\_\_) \_\_\_\_\_ Best time to be reached: \_\_\_\_\_

Employer \_\_\_\_\_ Has your employer told you how to contact the health care professional who will receive this questionnaire?  Yes  No

Check the type(s) of respirator you will use:

- N, R, or P disposable respirator (filter mask, non-cartridge type only)
- Other type (for example: half or full face piece type, powered-air purifying, supplied air, self-contained breathing apparatus)

Have you worn a respirator?  Yes  No If yes, what type(s): \_\_\_\_\_

#### **Part A Section 2 (Mandatory)**

Questions 1 through 9 below must be answered by every employee who has been selected to use any type of respirator. Please check "yes" or "no".

1. Do you currently smoke tobacco, or have you smoked tobacco in the last month?  
 Yes  No
2. Have you ever had any of the following conditions:
  - a. Seizures? (fits)  Yes  No
  - b. Diabetes? (sugar disease)  Yes  No
  - c. Allergic reactions that interfere with your breathing?  Yes  No
  - d. Claustrophobia? (fear of closed-in spaces)  Yes  No
  - e. Trouble smelling odors?  Yes  No
3. Have you ever had any of the following pulmonary or lung problems?
  - a. Asbestosis?  Yes  No
  - b. Asthma?  Yes  No
  - c. Chronic bronchitis?  Yes  No
  - d. Emphysema?  Yes  No
  - e. Pneumonia?  Yes  No
  - f. Tuberculosis?  Yes  No
  - g. Silicosis?  Yes  No
  - h. Pneumothorax? (collapsed lung)  Yes  No
  - i. Lung cancer?  Yes  No
  - j. Broken ribs?  Yes  No
  - k. Any chest injuries or surgeries?  Yes  No
  - l. Any other lung problem that you've been told about?  Yes  No
4. Do you currently have any of the following symptoms of pulmonary or lung illness:
  - a. Shortness of breath?  Yes  No
  - b. Shortness of breath when walking fast on level ground or walking up a slight hill or incline?  Yes  No
  - c. Shortness of breath when walking with other people at an ordinary pace on level ground?  Yes  No

- d. Have to stop for breath when walking at your own pace on level ground?  Yes  No
  - e. Shortness of breath when washing or dressing yourself?  Yes  No
  - f. Shortness of breath that interferes with your job?  Yes  No
  - g. Coughing that produces phlegm (thick sputum)?  Yes  No
  - h. Coughing that wakes you in the early morning?  Yes  No
  - i. Coughing that occurs mostly when you are lying down?  Yes  No
  - j. Coughing up blood in the last month?  Yes  No
  - k. Wheezing?  Yes  No
  - l. Wheezing that interferes with your job?  Yes  No
  - m. Chest pain when you breathe deeply?  Yes  No
  - n. Any other symptoms that you think may be related to lung problems?  Yes  No
5. Have you had any of the following cardiovascular or heart problems:
- a. Heart attack?  Yes  No
  - b. Stroke?  Yes  No
  - c. Angina?  Yes  No
  - d. Heart failure?  Yes  No
  - e. Swelling in your legs or feet (not caused by walking)?  Yes  No
  - f. Heart arrhythmia?  Yes  No
  - g. High blood pressure?  Yes  No
  - h. Any other heart problem that you've been told about?  Yes  No
6. Have you ever had any of the following cardiovascular heart symptoms?
- a. Frequent pain or tightness in your chest?  Yes  No
  - b. Pain or tightness in your chest that interferes with your job?  Yes  No
  - c. Pain or tightness in your chest during physical activity?  Yes  No
  - d. In the past two years, have you noticed you heart skipping at beat?  Yes  No
  - e. Heartburn or indigestion that is not related to eating?  Yes  No
  - f. Any other symptoms that you think might be related to heart or circulation problems?  Yes  No
7. Do you currently take medication for any of the following problems:
- a. Breathing or lung problems?  Yes  No
  - b. Heart trouble?  Yes  No
  - c. Blood pressure?  Yes  No
  - d. Seizures? (fits)  Yes  No
8. If you've used a respirator, have you ever had any of the following problems? (If you've never used a respirator, check the following space and go to question 9)
- a. Eye irritation?  Yes  No
  - b. Skin allergies or rashes?  Yes  No
  - c. Anxiety?  Yes  No
  - d. General weakness or fatigue?  Yes  No
  - e. Any other problem that interferes with your use of a respirator?  Yes  No
9. Would you like to talk to the health care professional who will review this questionnaire about your answers to this questionnaire?  Yes  No

The preceding information is accurate to the best of my knowledge.

Signed \_\_\_\_\_ Date \_\_\_\_\_

**Part B (Mandatory)**

Questions 10-15 must be answered by every employee who has been selected to use either full-face piece respirator or a self-contained breathing apparatus (SCBA).

For employees who have been selected to use other types of respirators, answering these questions is voluntary.

- 10. Have you ever lost vision in either eye (temporarily or permanently)?  Yes  No
- 11. Do you currently have any of the following vision problems:
  - a. Wear contact lenses?  Yes  No
  - b. Wear glasses?  Yes  No
  - c. Color blindness?  Yes  No
  - d. Any other vision problem?  Yes  No
- 12. Have you ever had any injury to your ears, including a broken eardrum?  Yes  No
- 13. Do you currently have any of the following hearing problems:
  - a. Difficulty hearing?  Yes  No
  - b. Wearing a hearing aid?  Yes  No
  - c. Any other hearing or ear problem?  Yes  No
- 14. Have you ever had a back injury?  Yes  No
- 15. Do you currently have any of the following musculoskeletal problems:
  - a. Weakness in any of your arms and legs?  Yes  No
  - b. Back pain?  Yes  No
  - c. Difficulty fully moving your arms and legs?  Yes  No
  - d. Pain or stiffness when you lean forward or backward at the waist?  Yes  No
  - e. Difficulty fully moving your head up or down?  Yes  No
  - f. Difficulty fully moving your head from side to side?  Yes  No
  - g. Difficulty bending your knees?  Yes  No
  - h. Difficulty squatting to the ground?  Yes  No
  - i. Climbing a flight of stairs or a ladder carrying more than 25 pounds?  
 Yes  No
  - j. Any other muscle or skeletal problem that interferes with using a respirator?  
 Yes  No Explain \_\_\_\_\_

The preceding information is accurate to the best of my knowledge.

Signed \_\_\_\_\_ Date \_\_\_\_\_



## Respirator Use Statement

Employee \_\_\_\_\_

Employer \_\_\_\_\_

Date of evaluation \_\_\_\_\_

1. Type of respirator to be used:

\_\_\_\_\_

2. Work exertion level (while wearing a respirator):  Light  Moderate  Strenuous

3. Extent of usage:  On a daily basis  Occasionally (but more than once a week)  
 Rarely, or for emergency situations only

4. Length of average work day in respirator: \_\_\_\_\_

5. Special work considerations (e.g. high places, temperature or humidity extremes, hazardous materials, other protective clothing worn, climbing, etc.): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

6. Any other relevant circumstances: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Person at your company who can answer questions regarding respirator use.

Name \_\_\_\_\_

Phone \_\_\_\_\_

**MedStat must be supplied with a copy of your company's written respiratory protection program as required by 29CFR 1910.134**